

Region	Month	Date/Time	Type/Topic
North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)	July 2018	11 June North Wales	Support Group  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)	July 2018	12 June North Wales	Preparing to Adopt  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)	July 2018	13 June North Wales	Preparing to Adopt  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
North Wales (Ynys Mon, Denbighshire, Flintshire, Wrexham, Gwynedd, Conwy)	June 2018	17 June North Wales	Friends and Relatives  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	June 2018	23 June Cardiff	Talk Adoption Group Contact Ruth <a href="mailto:RuthLetten@afteradoption.org.uk">RuthLetten@afteradoption.org.uk</a> 07807 703060
Western Bay (Swansea, Neath- Port Talbot, Bridgend)	June 2018	24 June Western Bay area	Talk Adoption Group Family Day Contact Ruth <a href="mailto:RuthLetten@afteradoption.org.uk">RuthLetten@afteradoption.org.uk</a> 07807 703060
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	July 2018	2 July Cardiff	Adoption UK evening support group for adoptive Dads.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	July 2018	3 July Cardiff	Adoption UK Cardiff evening support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>

Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	July 2018	3 July Penarth	Adoption UK Vale of Glamorgan evening support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)	July 2018	6 July Pontywaun	Adoption UK coffee morning support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	July 2018	7 July Cardiff	Talk Adoption Group Family Day Contact Ruth <a href="mailto:RuthLetten@afteradoption.org.uk">RuthLetten@afteradoption.org.uk</a> 07807 703060
Mid and West Wales (Powys, Ceredigion, Pembrokeshire and Carmarthenshire)	July 2018	11 July Powys	Adoption UK Support Group.  Social evening – meal out.  For further details, please contact <a href="mailto:upastree@hotmail.com">upastree@hotmail.com</a>
Western Bay (Swansea, Neath-Port Talbot, Bridgend)	July 2018	14 July Swansea	Talk Adoption Group – First Aid Training Contact Ruth <a href="mailto:RuthLetten@afteradoption.org.uk">RuthLetten@afteradoption.org.uk</a> 07807 703060
North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)	July 2018	19 July North Wales	Preparing to Adopt  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)	July 2018	20 July North Wales	Preparing to Adopt  For further details, please contact <a href="mailto:Denise.Roberts@wrexham.gov.uk">Denise.Roberts@wrexham.gov.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	July 2018	28 July Cardiff	Talk Adoption Group Summer Family Walk Contact Ruth <a href="mailto:RuthLetten@afteradoption.org.uk">RuthLetten@afteradoption.org.uk</a> 07807 703060

Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	Aug 2018	6 August Cardiff	Adoption UK evening support group for adoptive Dads.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Mid and West Wales (Powys, Ceredigion, Pembrokeshire and Carmarthenshire)	Aug 2018	14 August Powys	Adoption UK Support Group  Family meet up.  For further details, please contact <a href="mailto:upastree@hotmail.com">upastree@hotmail.com</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	Sept 2018	3 Sept Cardiff	Adoption UK evening support group for adoptive Dads.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)	Sept 2018	7 Sept Pontywaun	Adoption UK coffee morning support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	Sept 2018	11 September 2018-06-13 Penarth	Adoption UK Vale of Glamorgan evening support group, social meet up  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)	Sept 2018	19 September South East Wales	Life Journey Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)	Oct 2018	1 October Cardiff	Adoption UK evening support group for adoptive Dads.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
Mid and West Wales (Powys, Ceredigion, Pembrokeshire and Carmarthenshire)	Oct 2018	4 October Mid/West Wales	Life Journey Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>

<b>South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)</b>	<b>Oct 2018</b>	5 October Pontywaun	Adoption UK coffee morning support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Oct 2018</b>	9 October Penarth	Adoption UK Vale of Glamorgan evening support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Oct 2018</b>	9 October Nantgarw nr Cardiff	Adoption UK One Day Training 'Getting it Right for Every Child'  Course aimed at all adults who support children in school and stresses the benefits of a strong home/school partnership.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)</b>	<b>Oct 2018</b>	24 October North Wales	Life Journey Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Nov 2018</b>	5 November Cardiff	Adoption UK evening support group for adoptive Dads.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Nov 2018</b>	8 November Nantgarw nr Cardiff	Adoption UK One Day Training 'ACEs' Assessment, Adoption and Attainment'  Course aimed at all adults who support children in school and stresses the benefits of a strong home/school partnership.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)</b>	<b>Nov 2018</b>	8 November Colwyn Bay	Adoption UK One-Day Training Workshop  The Theapy Maze  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>

<b>South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)</b>	<b>Sept 2018</b>	9 November Pontywaun	Adoption UK coffee morning support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Western Bay (Swansea, Neath- Port Talbot, Bridgend)</b>	<b>Nov 2018</b>	14 November Swansea/Bridgend	Adoption UK Life Journey Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)</b>	<b>Nov 2018</b>	22 November Colwyn Bay	Adoption UK One-Day Training Workshop  Child to Parent Violence/Non Violent Resistance  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Dec 2018</b>	5 December Cardiff	Life Journey Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)</b>	<b>Sept 2018</b>	7 December Pontywaun	Adoption UK coffee morning support group.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>South Wales</b>	<b>Commencing Jan 2019</b>	16 Jan, 26 Jan 6 Feb, 16 Feb, 6 Mar 23 March South Wales	Parenting Our Children 6-Module Course  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>January 2019</b>	30 Jan Cardiff	Child to Parent Violence/Non Violent Resistance Awareness Raising Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>South East Wales (Newport, Caerphilly, Blaenau Gwent, Monmouthshire, Torfaen)</b>	<b>January 2019</b>	22 January South East Wales	Health and Development Issues in Adopted Children  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>

<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>January 2019</b>	30 January Cardiff	Child to Parent Violence/Non Violent Resistance Awareness Raising Workshop  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Feb 2019</b>	6 February 2018 Cardiff	AFA Cymru Conference  'DDP Informed Parenting: A Day with Kim Golding'  For further details, please contact <a href="mailto:cardiff-afacymru@stdavidscs.org">cardiff-afacymru@stdavidscs.org</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>Feb 2019</b>	14 February 2019 Nantgarw nr Cardiff	Adoption UK One Day Training 'Getting it Right for Every Child'  Course aimed at all adults who support children in school and stresses the benefits of a strong home/school partnership.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Mid and West Wales (Powys, Ceredigion, Pembrokeshire and Carmarthenshire)</b>	<b>Feb 2019</b>	19 February Mid/West Wales	Health and Development Issues in Adopted Children  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>North Wales (Ynys Mon, Denbighshire, Flintshire Wrexham Gwynedd, Conwy)</b>	<b>March 2019</b>	14 March North Wales	Health and Development Issues in Adopted Children  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>March 2019</b>	21 March 2019 Nantgarw nr Cardiff	Adoption UK One Day Training 'ACEs' Assessment, Adoption and Attainment'  Course aimed at all adults who support children in school and stresses the benefits of a strong home/school partnership.  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
<b>Western Bay (Swansea, Neath-Port Talbot, Bridgend)</b>	<b>April 2019</b>	3 April Swansea/Bridgend	Health and Development Issues in Adopted Children  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>

<b>Valleys, Vale and Cardiff (Cardiff, Vale of Glam, Merthyr, Rhondda Cynon Taff)</b>	<b>May 2019</b>	1 May Cardiff	Health and Development Issues in Adopted Children  For further details, please contact <a href="mailto:helen@adoptionuk.org.uk">helen@adoptionuk.org.uk</a>
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<b>West Wales</b>	<p>The Carmarthenshire group regularly meet for coffee mornings, the South Ceredigion group meets every first Tuesday of the month, and the North Ceredigion group meets every second Friday of the month 10am - 12pm.</p> <p>The Pembrokeshire group meets regularly for coffee mornings and evenings out.</p> <p>Also, fun days are organised throughout the year for each of the 3 counties on a regular basis.</p>	<p>For more information on Carmarthenshire events, please contact <a href="mailto:LEngland@carmarthenshire.gov.uk">LEngland@carmarthenshire.gov.uk</a></p> <p>Or MKeenan@carmarthenshire.gov.uk</p> <p>To express interest for any of the events or meetings in Ceredigion, please contact Angharad.Jones @ceredigion.gov.uk</p> <p>For Pembrokeshire, it's – Claire.Mantripp@pembrokeshire.gov.uk</p> <p>And for Powys, it's – Alis Hobbs upastree@hotmail.com</p>
<b>Conwy</b>	<p>The Conwy Support Group is run by families with adopted children who live in Conwy County. Events include fun days out for the family, training for adopters, and regular meetings to discuss concerns and share experiences.</p>	<p>For more details, please get in touch <a href="mailto:conwy.adoption.group@gmail.com">conwy.adoption.group@gmail.com</a> or if anybody would like information or is interested in receiving the newsletter, please email <a href="mailto:conwy.adoption.support@gmail.com">conwy.adoption.support@gmail.com</a></p>