



# Difficult Conversations About Adoption

Forthcoming dates

**All Tuesdays** 

7:30 PM - 9:00 PM

- 12 May 2026
- 14 July 2026
- 8 September 2026
- 10 November 2026
- 12 January 2027
- 9 March 2027



Meeting location  
Remote via Zoom

Interested? Simply email [referrals.path@adoptionuk.org.uk](mailto:referrals.path@adoptionuk.org.uk) and copy in the person who sent you this invitation

## What is it?

A support group exclusively for families who live in Wales or have adopted children from Wales. Facilitated by Adoption UK Cymru and Life Journey Work Co-ordinators from local and voluntary adoption agencies across Wales, and funded by the Welsh Government.

This group is designed for adoptive parents at any stage of their journey, from pre-approval to those with young adult adoptees.

## Why Join?

-  A supportive space to discuss the challenges and joys of adoption
-  Flexible and informal meetings with no obligation to attend every session
-  Regular guest speakers

# Sgyrsiau Anodd am Fabwysiadu

Dyddiadau i Ddod

## Bob dydd Mawrth

7:30 PM - 9:00 PM

- 12 Mai 2026
- 14 Gorffennaf 2026
- 8 Medi 2026
- 10 Tachwedd 2026
- 12 Ionawr 2027
- 9 Mawrth 2027



Lleoliad y cyfarfod  
O bell trwy Zoom

Ddiddordeb? E-bostiwch [referrals.path@adoptionuk.org.uk](mailto:referrals.path@adoptionuk.org.uk) a chynnwys y person wnaeth anfon y gwahoddiad hwn atoch chi.

## Beth ydy o?

Grŵp cymorth ecsgliwsif ar gyfer teuluoedd sy'n byw yng Nghymru neu sydd wedi mabwysiadu plant o Gymru. Wedi'i hwyluso gan Adoption UK Cymru a Chydlynwyr Gwaith Taith Bywyd o asiantaethau mabwysiadu lleol a gwirfoddol ledled Cymru, a'i ariannu gan Lywodraeth Cymru.

Mae'r grŵp hwn wedi'i gynllunio ar gyfer rhieni mabwysiadol ar unrhyw gam o'u taith, o'r adeg cyn derbyn cymeradwyaeth i'r rhai sydd wedi mabwysiadu oedolion ifanc.

## Pam ymuno?

- ✓ Gofod cefnogol i drafod heriau a llawenydd mabwysiadu
- ✓ Cyfarfodydd hyblyg ac anffurfiol heb unrhyw rwymedigaeth i fynychu pob sesiwn
- ✓ Siaradwyr gwadd rheolaidd