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| **Adoption Qualities and Skills** **Practitioner tool \*see framework and guidance for reference** [**NAS Adoption Qualities and Skills Framework**](https://adoptcymru.com/app/uploads/2025/02/NAS-Adoption-Qualities-and-Skills-Framework-1.pdf) |
| Name of applicant/s |  |
| Name of assessor |  |
| Date assessment started |  |
| 1. **Emotional warmth and Availability**
 |
| **Assessor’s reflection** | **Potential challenges/Opportunities** |
|  |  |
| **Critical thinking and analysis – What? Why? So what? And so?** |
|  |
| 1. **Empathy and Acceptance**
 |
| **Assessor’s reflection** | **Potential challenges/Opportunities** |
|  |  |
| **Critical thinking and analysis – What? Why? So what? And so?** |
|  |
| 1. **Self awareness, and an understanding of their inner working model and their identity**
 |
| **Assessor’s reflection** | **Potential challenges/Opportunities** |
|  |  |
| **Critical thinking and analysis – What? Why? So what? And so?** |
|  |
| 1. **Self efficacy and Resilience**
 |
| **Assessor’s reflection** | **Potential challenges/Opportunities** |
|  |  |
| **Critical thinking and analysis – What? Why? So what? And so?** |
|  |
| 1. **Access to, and openness to support**
 |
| **Assessor’s reflection** | **Potential challenges/Opportunities** |
|  |  |
| **Critical thinking and analysis – What? Why? So what? And so?** |
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