



Gwasanaeth  
**Mabwysiadu**  
Cenedlaethol

National  
**Adoption**  
Service



## If you care... Care About Adoption



When you care for the health of a child who is adopted, you are part of building the brighter future that they deserve.

Many adopted children have experienced trauma in their early lives and will continue to need careful support to feel safe and to nurture their development.

As a healthcare professional, your approach to caring for an adopted child and their family can make a positive difference to their lives.

Find out more about adoption and healthcare by downloading our **Care About Adoption – Guide for Healthcare Professionals**

**[adoptcymru.com](http://adoptcymru.com)**

### WHAT ADOPTIVE FAMILIES SAY:

Health professionals can positively contribute to the well-being of adopted children, young people and their families by:

- recognising that the effects of early traumatic experiences can persist after adoption
- prioritising the needs of adoptive children for further support
- taking a sensitive approach to the need of families for consistency and reinforcement around their child's identity
- having an agreed pathway in place for adopted children to receive CAMHS services to address their emotional developmental needs
- providing clear information about available services for adoptive families and how these can be accessed.



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## Os ydy gofalu yn bwysig i chi... Rhowch Sylw i Fabwysiadu



Pan fyddwch yn gofalu am iechyd plentyn sydd wedi ei fabwysiadu, rydych chi'n rhan o adeiladu'r dyfodol disglair mae'r plentyn hwnnw'n ei haeddu.

Mae nifer o blant sydd wedi cael eu mabwysiadu wedi cael profiad o drawma yn gynnar yn eu bywydau, ac fe fydd angen cefnogaeth barhaus a gofalus arnyn nhw er mwyn teimlo'n ddiogel ac er mwyn annog a chynnal eu datblygiad.

Fel gofalwr proffesiynol, mae'r ffordd rydych chi'n gofalu am blentyn sydd wedi ei fabwysiadu - a'i deulu - yn gallu gwneud gwahaniaeth gadarnhaol i'w bywydau.

Mae mwy o wybodaeth am fabwysiadu a gofal iechyd i'w chael trwy lawrlwytho ein llyfryn **Rhowch Sylw i Fabwysiadu – Canllaw i Bobl Broffesiynol ym maes Iechyd a Gofal**

**[adoptcymru.com](http://adoptcymru.com)**

### YR HYN Y MAE TEULUOEDD MABWYSIADOL YN EI DDWEUD:

Gall pobl broffesiynol sydd ym maes gofal ac iechyd, fel chi, gyfrannu yn gadarnhaol tuag at les plant a phobl ifanc sydd wedi eu mabwysiadu, a'u teuluoedd, drwy:

- gydnabod y gall effeithiau profiadau trawmatig cynnar barhau y tu hwnt i'r cyfnod pan gânt eu mabwysiadu;
- Flaenoriaethu anghenion plant mabwysiadol am gymorth pellach;
- Ymdrin yn sensitif ag anghenion teuluoedd am gysondeb ac atgyfnerthiad wrth drafod hunaniaeth eu plentyn;
- Benderfynu ar lwybr cytun y bydd plentyn mabwysiadol yn ei ddilyn er mwyn derbyn gwasanaethau CAMHS yn ôl ei anghenion datblygiad emosiynol;
- Ddarparu gwybodaeth glir ynglyn â'r gwasanaethau sydd ar gael i deuluoedd mabwysiadol a sut i gael mynediad iddyn nhw.