Phoddodd Llywodraeth Cymru arian ychwanegol i sicrhau fod hyn yn digwydd i blant sy'n cael eu mabwysiadu nawr.

Helpodd plant a phob ifanc o Talk Adoption ni gyda hyn gan ddweud wrthym ni beth ddylai hyn gynnwys a chynhyrchu fideo sy'n cael ei defnyddio i hyfforddi pobl.

Rydym wedi cael prosiect ac wedi cyflwyno gwell ffordd o'i gyflawni.

ac yn dweud wrth bobl yn ein hadroddiada - mae'n gwella.

Rydym nawr yn sicrhau bod hyn yn digwydd ac yn dweud wrth bobl yn ein hadroddiadau

Gwaith Stori Bywyd – Plant i gael stori eu bywyd ac i wybod ynglŷn â'u gorffennol a mabwysiadu Rydym wedi datblygu firamwaith i wella cefnogaeth mabwysiadu ac rydym ni'n newid pethau cam wrth gam.

Rydym yn gweithio gyda chi i ychwanegu gwybodaeth ddefnyddiol at eich cylchlythyr.

Mae gan ein gwefan wybodaeth arni nawr.

Mae gwasanaethau mabwysiadu'n rhoi mwy o gefnogaeth nag o'r blaen.

Gwasanaethau a Chefnogaeth - Mwy

mabwysiadu o gefnogaeth i bobl ifanc sydd wedi'u

Roeddem ni'n meddwl y byddai'n syniad da i adael i chi wybod beth mae'r Gwasanaeth Mabwysiadu Cenedlaethol wedi gwneud am hyn dros y pedair blynedd ddiwethaf.

# obnarwo ido doonsa

Achieving More Together \ Cyflawni Mwy Gyda'n Gilydd

National **Mational Adoption** 

dtasnazewd **ubsizywdsM** Jodtaslbanad



Diolch am ddweud wrthym ni beth sy'n bwysig i chi



Achieving More Together / Cyflawni Mwy Gyda'n Gilydd

Thank you for telling us what is important to you.

# Listening to you

We thought it would be a good idea to let you know what the National Adoption Service has done about it over the last four years.

# Services and Support – More support for adopted young people

Adoption services are providing more adoption support than they used to.

Our website now has information on it.

We are working with you to add useful information to your newsletter.

We've developed a framework to improve adoption support and are changing things bit by bit.

## Life Story Work – Children to get their life story and to know about their past and adoption

We now check if this is being done and tell people in our reports – it's getting better.

We've had a project and put in place a better way of doing it.

Children and young people from Talk Adoption helped us with this telling us what it should include and producing a video which is being used to train people.

Welsh Government gave extra money to ensure that this is in place for children being adopted now.

#### School - school doesn't understand adoption

We've worked with Adoption UK who have produced leaflets:

- for teachers about things they need to know.
- for parents to help them deal with school.

We've shown Welsh government your reports and videos and persuaded them to provide money for training in schools.

We've had talks with people who represent teachers and headteachers.

We're supporting Adoption UK's campaign to continue to improve things in school for adopted children.

#### **Health - Help understand emotions**

This is a bit harder but we are working on it.

CAMHS services are changing and we are trying to ensure adopted children have a better service too.

This year we want to produce information for health staff.

### Contact - More support around Birth **Family Contact**

We have just started to do something to improve contact between siblings.

We will be asking you to help us with this.

# Keeping in touch with NAS

You told us that this could happen in the following ways:

Attend meetings \* Video blogs Twitter \* Newsletter \* Text

#### Parents - Parents need more help too

All new adopters get a 1 year free membership to Adoption UK if they want it.

We've made more information and advice available, including support groups.

In most parts of Wales the Regional Adoption Service is now the place to get help.

We have developed more detailed courses and information for parents for when their child has moved in.

#### Society issues - Something that helps people understand about adoption

We have information available on our website to help with this.

We've developed the 'Adoption Champions' to help us spread good stories about adoption.

### Staff issues - Social workers get support and training in adoption

We've developed good practice guides and a toolkit for life journey work to help social workers in their work.

We've run two conferences with interesting information and are planning another.







Phil Hodgson

Suzanne Griffiths

We've kept in touch with you through Talk Adoption.

You've helped us with the Life Journey Work project and produced a video.

We also helped you to produce a newsletter.

We'll continue to listen to what you tell us. Thank you for helping us to understand your views.

#### Diolch am ein helpu i ddeall eich barn. Byddwn yn parhau i wrando ar yr hyn yr ydych yn dweud wrthym ni.

Rydym hefyd wedi eich helpu i gynhyrchu cylchlythyr.

Rywyd ac wedi cynnyrchu fideo. Rydych chi wedi ein helpu gyda phrosiect Gwaith I aith

Rydym wedi cadw mewn cysylltiad â chi trwy Talk Adoption.







cynilunio un arail. gwybodaeth ddiddorol ac rydym wrthi'n Rydym wedi trefnu dwy gynhadledd gyda

yelbu gwelthwyr cymdelthasol yn eu gwalth. byechu chworth ar gyfer gwaith taith bywyd i Rydym wedi datbiygu canliawiau arter da a

hyfforddiant mewn mabwysiadu cymdeithasol yn cael cefnogaeth a Materion staffio - Mae gweithwyr

da am tabwysiadu. Mabwysiadu' i'n helpu i ledaenu'r newyddion Rydym wedi datblygu'r 'Hyrwyddwyr

gwetan i helpu gyda hyn. Mae gennym ni wybodaeth ar gael ar ein

helpu pobl i ddeall mabwysiadu Materion cymdeithasol - Rhywbeth sy'n

blentyn wedi symud i mewn. twy manwl i rieni ar gyter yr amser pan tydd eu Hydym wedi datbiygu cyrsiau a gwybodaeth

ı gael cymorth nawr. Gwasanaeth Mabwysiadu Khanbarthol yw'r lle Yn y rhan fwyat o rannau o Gymru, y

cyludor ar gael, gan gynnwys grwpiau cefnogi. Hydym wedi sicrhau tod mwy o wybodaeth a

UK os ydyn nhw'n dymuno. selodaeth am flwyddyn ac am ddim i Adoption Mae pob rhiant sy'n mabwysiadu yn derbyn

hefyd Ryjeui - Mae angen mwy o help ar rieni

csdw mewn cysylltiad a ni

Twitter \* Cylchlythyr \* Testun

gaidwydd trwy'r ffyrdd canlynol:

Dywedoch chi wrthym y gallai hyn

Mynychu cytartodydd \* Blogiau Fideo

Byddwn yn gofyn i chi ein helpu ni gyda hyn. wella cysylltiadau rhwng brodyr a chwiorydd. Hydym newydd ddechrau gwneud rhywbeth i

Cysylltiadau gyda'r Teulu Genedigol Cysylltiadau - Mwy o gefnogaeth o gylch

gyter statt iechyd.

Fleni rydym gynhyrchu mwy o wybodaeth ar

gwell hetyd.

dan blant sydd wedi eu mabwysiadu wasanaeth sc rydym ni'n gwneud ein gorau i sicrhau tod Meddwl Plant a'r Glasoed (CAMHS) yn newid Mae gwasanaethau'r Gwasanaeth lechyd

Mae hyn yn twy anodd ond rydym ni'n ymdrechu.

Jechyd - Helpu deall emosiynau

biant sydd wedi eu mabwysiadu. parpau i wella pethau mewn ysgolion ar gyfer Rydym ni'n cetnogi ymgyrch Adoption UK i

athrawon a phenaethiaid. Rydym wedi tratod gyda phobl sy'n cynrychioli

i roi arian ar gyter hyttorddiant mewn ysgolion.

fideos i Lywodraeth Cymru ac wedi eu darbwyllo Rydym wedi dangos eich adroddiadau a'ch

gyda'r ysgol. - i rieni i'w helpu nhw mewn tratodaethau

iddyn nhw wybod amdanynt. - i athrawon ynglŷn â'r pethau y mae angen

aydd wedi cynhyrchu taflenni: Rydym ni wedi gweithio gydag Adoption UK

> maswysiadu kegol - dyw'r ysgol ddim yn deall